






September 2017 - Menus

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 <h2>Grades K-12 Lunch</h2> <h3>SPECIAL EDUCATION</h3> <p><i>MENUS ARE SUBJECT TO CHANGE</i></p>				
				9-1 Admission Day
9-4 Labor Day	9-5 ★★ Toasted Cheese Sandwich ★ Cooked Carrots ★ Fruit Cup ★ Got Milk	9-6 ★★ BBQ Pork Sandwich ★ Cooked Spinach ★ Fruit Cup ★ Got Milk	9-7 ★★ Cheese Calzone - V ★ Cooked Carrots ★ Frozen Juice Slush ★ Got Milk	9-8 ★★ Breaded Chicken Filet Sandwich ★ Cooked Carrots ★ Fruit - S ★ Got Milk
9-11 ★★ Cheesy Garlic Bread - V ★ Cooked Carrots ★ Fruit - S ★ Got Milk	9-12 ★★ Café LA Burger ★ Fiesta Pinto Beans or Vegetarian Baked Beans ★ Fruit Cup ★ Got Milk	9-13 ★★ Turkey Taco Bean & Cheese Dip ★ Artisan Roll - S ★ Potato Tots ★ Fruit - S ★ Got Milk	9-14 ★★ Teriyaki Beef & Rice Bowl ★ Broccoli ★ Frozen Juice Slush ★ Got Milk 	9-15 ★★ Manager's Choice ★ Cooked Carrots ★ Fruit - S ★ Got Milk
9-18 ★★ Vegetarian Chili - V ★ Artisan Roll - S ★ Cooked Carrots ★ Fruit - S ★ Got Milk	9-19 ★★ BBQ Pork Rib Sandwich ★ Fiesta Pinto Beans or Vegetarian Baked Beans ★ Fruit Cup ★ Got Milk	9-20 ★★ Turkey Meatball Sub Sandwich ★ Cooked Spinach ★ Fruit - S ★ Got Milk	9-22 ★★ Savory Salisbury Steak with Gravy and Biscuit ★ Smashed Potatoes ★ Frozen Juice Cup ★ Got Milk	9-23 ★★ Breaded Chicken Filet Sandwich ★ Cooked Carrots ★ Fruit - S ★ Got Milk
9-25 ★★ Bean & Cheese Pupusa - V ★ Cooked Carrots ★ Fruit - S ★ Got Milk	9-26 ★★ Diced Turkey & Gravy Biscuit ★ Smashed Potatoes ★ Fruit Cup ★ Got Milk	9-27 ★ Fish Sticks ★ Artisan Roll - S ★ Broccoli ★ Fruit - S ★ Got Milk	9-28 ★★ Turkey Sausage Flatbread ★ Fiesta Pinto Beans or Vegetarian Baked Beans ★ Frozen Juice Cup ★ Got Milk	9-29 ★★ Café LA Burger ★ Cooked Carrots ★ Fruit - S ★ Got Milk

 All of the Grain/Bread items served are whole grain. - Milk Options: White Low Fat 1%, White Fat Free, White Non-Fat Lactose Free - ★: For a reimbursable meal, pick at least 3 ★'s. **One ★** must be a fruit or vegetable

S: Items with an (S) can be saved for later - **V:** Vegetarian items

**Farm Fresh Fruits: Apple, Orange, Banana

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